

**Curriculum Vitae
Elizabeth Tenison, PhD, RD**

Education:

- **Ph.D. in Health Sciences 2022**

Northern Illinois University, Dekalb, Illinois

Dissertation Topic

“The Acceptability and Efficacy of a Virtual vs Hybrid Wellness Program on Health Outcomes among Faculty and Staff at a Northeastern University during COVID-19”

- **Ph.D. Student in Health Sciences 2014 to 2018**

Rutgers University, Newark, New Jersey

45 hours/60 hours toward PhD in Health Sciences, Nutrition Track

- **M.S. Clinical Nutrition 1985**

The Ohio State University, Columbus, Ohio

- **B.S. Medical Dietetics 1981**

The Ohio State University, Columbus, Ohio Graduated Summa Cum Laude.

Professional Memberships:

- Society for Nutrition Education and Behavior, Abstract Reviewer
- Society for Nutrition Education and Behavior, Inaugural SNEB Competency Certificate Work Group.
- American Society of Parenteral and Enteral Nutrition
- Academy of Nutrition and Dietetics DPGs: DNS, NDEP and SCAN
- Connecticut Academy of Nutrition and Dietetics: Education Committee, Nominating Committee, Board Member
- Pennsylvania Academy of Nutrition and Dietetics

Certifications:

- Registered Dietitian R607793
- Certified Wellness Program Coordinator, Chapman Institute 2021
- Certified Wellness Program Manager, Chapman Institute 2021
- Certified Doula, Madriella Doula Institute 2021
- Certified Servsafe Instructor/Proctor 2021-2024
- Certified Blood Pressure Screener, Rowan University 2021
- Certified Cholesterol Screener, Rowan University 2021

Honors:

- University of Michigan Hospital and Health Systems, Dietetic Internship, Best Pediatric Preceptor Award, 2012
- Connecticut Academy of Nutrition and Dietetics, Nominee, Outstanding Dietitian of the Year, 2015, 2016
- Connecticut Academy of Nutrition and Dietetics, Awardee, Outstanding Dietitian of the Year, 2016
- Nominee, NDEP Outstanding Dietetic Educator of the Year, 2016

Professional Experience:

Meals on Wheels Salem County, Member, Board of Directors, 2021-present

Meals on Wheels Salem County, Member, Grant Committee, 2021-present

Meals on Wheels Salem County, Consultant Registered Dietitian, 2021-present

Temple University, Philadelphia, PA

2022 to present

Assistant Professor of Instruction, Director of the MPH in Nutrition Program

- Coordinates clinical education and experiential learning for the MPH in Nutrition Program. Review the program curriculum, update courses, and create and launch new and innovative nutrition programs.
- Responsible for review of syllabi, course content and projects to fulfill requirements of Temple University and the Accreditation Council for Education in Nutrition and Dietetics (ACEND).
- Maintain all documentation for ACEND accreditation, including surveys, evaluations, intern records, preceptor and facility records and prepare reports in a timely manner.
- Seek and secure clinical experiential learning practicums for all students enrolled in the dietetic programs.
- Mentor nutrition and dietetic students through meetings and individual appointments with all students during the academic year.
- Coordinates annual application process to Temple, including screening and reviewing applicants, telephone interviews and rank of candidates for match.
- Communication is accomplished with excellent written and verbal skills via text, email, one on one meetings, presentations and mailings to preceptors and other stakeholders.
- Coordinate all required documentation for intern participation in clinical practicums, including contracts, liability insurance, immune records, background checks and drug screening.
- Coordinate 2023-2024 ACEND Site Visit including the organization and delegating of required documentation, reviewing prepared documents, maintaining deadlines, meeting

with departmental committee members and uploading documents onto Jura in order to facilitate program compliance with requirements.

Rowan University, Glassboro, NJ

2018 to 2022

Nutrition Program Coordinator

Director, Coordinated BS MS in Nutrition and Dietetics

Assistant Professor in Nutrition and Dietetics

- Responsible for managing all aspects of the Nutrition Programs within the Department of Health and Exercise Science; the Bachelor of Science in Community Nutrition and the Coordinated Master's Program in Nutrition and Dietetics.
- Responsible for leading the Nutrition Program team through weekly meetings to review the program curriculum, update courses and create and launch new and innovative nutrition programs such as a nutrition minor at Rowan University.
- Responsible for review of syllabi, course content and projects to fulfill requirements of Rowan University and the Accreditation Council for Education in Nutrition and Dietetics (ACEND).
- Maintain all documentation for ACEND accreditation, including surveys, evaluations, intern records, preceptor and facility records and prepare reports in a timely manner.
- Seek and secure experiential learning practicums for all students enrolled in the community nutrition and dietetic programs.
- Participate in community service within Rowan University in the surrounding communities in the city of Glassboro. Serve on the Research and Sabbatical Committee.
- Mentor nutrition and dietetic students through bi semester meetings and individual appointments with all students during the academic year.
- Coordinates annual application process to CP, including screening and reviewing applicants, telephone interviews and rank of candidates for match.
- Communication is accomplished with excellent written and verbal skills via text, email, one on one meetings, presentations and mailings to preceptors and other stakeholders.
- Coordinate all required documentation for intern participation in practicums, including contracts, liability insurance, immune records, background checks and drug screening.
- Coordinated 2019-2020 ACEND Site Visit including the organization and delegating of required documentation, reviewing prepared documents, maintaining deadlines, meeting with departmental committee members and uploading documents onto Jura in order to facilitate program compliance with requirements.

University of Saint Joseph, West Hartford, CT

2012 to 2018

Consultant self-study/site visit for program accreditation June to November 2018

- Responsible for writing the University of Saint Joseph Dietetic Internship's self-study for the fall 2018 ACEND Site Visit. The Self Study included 70 pages of documentation of all aspects of the dietetic internship and 100 pages of appendices to fulfill the ACEND requirements for the self-study manuscript. This self-study was completed and meet the deadline for the deliverables.
- Responsible for assisting the faculty at the University of Saint Joseph with gathering additional information and materials, directing the preparation of required documents and advising faculty and staff on all aspects of the dietetic internship during the actual ACEND site visit. The University of Saint Joseph successfully passed the site visit and received accreditation for the next ten years.

Director, Dietetic Internship/Instructor Nutrition and Public Health Department

- Responsible for managing and supervision of all aspects of Dietetic Internship program with an enrollment of 16 interns each year.
- Prepare curriculum for all campus seminar days including review of CDRN competencies, most recent nutrition practice and technologies, preparing projects, lectures and learning modules.
- Precept dietetic interns during practicum rotations providing mentoring and guidance as well as grading projects and assignments.
- Maintain relationships with over 130 facilities and sites for the internship program in Connecticut, New York, Rhode Island, and Massachusetts.
- Communication is accomplished with excellent written and verbal skills via text, email, one on one meetings, presentations and mailings to preceptors and other stakeholders.
- Coordinate all practicum rotations for 16 interns including extended care, clinical, food service, school nutrition, WIC, sports nutrition, wellness and health promotion, community and enrichment experiences.
- Maintain all documentation for ACEND accreditation, including surveys, evaluations, intern records, preceptor and facility records and prepare reports in a timely manner.
- Coordinates annual matching process via DICAS and D and D digital, including screening and reviewing applicants, telephone interviews and rank of candidates for match.
- Coordinate all required documentation for intern participation in practicums, including contracts, liability insurance, immune records, background checks and drug screening.
- Coordinate 2017-2018 ACEND Site Visit including the organization and delegating of required documentation, reviewing prepared documents, maintaining deadlines, meeting with departmental committee members and uploading documents onto Jura in order to facilitate dietetic internship compliance with requirements.

- Participate as key member of curriculum committee to launch combined DI MS program via identifying goals and objectives, preparing syllabi for course work while adhering to ACEND competencies for the future education model.
- Instructor, USJ School of Pharmacy, Pediatric and Adult Nutrition Support.
- Instructor, USJ Physician's Assistant Program, Pediatric and Adult Nutrition Support.
- Instructor, USJ Graduate Program, Nutrition in Nursing Practice and Pediatric Nutrition.

Selected Achievements:

- Expanded Dietetic Internship Program. Designed and implemented effort to recruit and secure new practicum sites for dietetic internship program in order to increase DI slots and successfully added 30% additional facilities to program.
- Developed innovative Sports Nutrition Rotation for Dietetic Internship Program. Resulted in a new partnership with Central Connecticut State University Athletic Department, New Britain, CT. Dietetic Interns provided group presentations on sport specific nutrition to coaches and athletes, individually counsel male and female athletes at a Division 1 university.
- Developed innovative Wellness and Promotion Rotation for Dietetic Internship Program. Resulted in a new partnership with United Technologies Corporation Leadership Center, Farmington, CT and MetLife Headquarters, Bloomfield, CT. Dietetic interns provided individual counseling, table displays, "spin and learn" events, prepared education videos and materials for employees.
- Developed innovative Pediatric Outpatient Nutrition Rotation for Dietetic Internship Program. Resulted in a new partnership with two Pediatrician's practice groups; Pediatric Associates of Connecticut, Waterbury, CT and Collins Medical Group, West Hartford, CT. Dietetic Interns provided nutrition intervention, education and counseling to obese pediatric patients in pediatric private practice setting.
- Leader of joint teaching model with USJ School of Pharmacy and Dietetic Internship. Resulted in a combined lecture on nutrition support with dietetic interns and pharmacy students. Research project launched to determine perceptions and attitudes of students' pre- and post- lecture.
- Developed CEU opportunities for USJ dietetic internship preceptors via Journal Club, Oral Case Study presentations by dietetic interns streamed live on webinar platform.
- Developed electronic learning modules on Renal, Pediatric and Sports Nutrition as well as Research Methods to supplement didactic component of Dietetic Internship Program. Interns able to access modules on Blackboard for self-paced and self-directed learning.

Pediatric Intensive Care Unit

University of Michigan Health Systems, Ann Arbor MI

2009 to 2012

Pediatric Clinical Dietitian/High Risk OB/GYN Dietitian

- Responsible for Pediatric Intensive Care Unit covering 30 beds supporting critical care nutrition.
- Daily rounds with PCCM team providing nutrition expertise for TPN and enteral nutrition recommendations utilizing evidence-based nutrition practice.
- Enter TPN and enteral nutrition orders in CareLink communicating effectively with attending physicians, fellows, medical students, pharmacists and nursing. Communication is accomplished with excellent verbal and written communication to all team members.
- Efficient and knowledgeable user and leader/mentor/committee member of the Nutrition Care Process approach to charting.
- Responsible for Von Voigtlander Women's Hospital covering 60 beds supporting high risk OB/GYN patients with lactation, multiple gestation and gestational diabetes nutrition management.
- Previous responsibilities as Pediatric Dietitian includes: Pediatric Surgery, Rehabilitation Medicine and Nephrology.

ProMedica Corporation

Herrick Manor (Long Term Care), Tecumseh, MI.

2008 to 2012

Dietitian

- Responsible for nutrition assessment, evidence-based nutrition recommendations and care plans for 25 residents including all MDS documentation.
- Developed education material file, designed new nutrition assessment protocols and templates, designed new nutrition plan of care protocol and templates.

Healthspan Home Care and Hospice St. Paul, MN.

1992 to 1995

Home Health Care Dietitian

- Initiated Dietitian Role at this institution. Home care agency operated without a nutrition component while servicing patients on enteral and parenteral nutrition. Approached home care nursing management, offering an audit of current EN and PN patients. Results of audit lead to management decision for development of role of dietitian in the agency.
- Functioned as lead dietitian and established procedures and functional interactions with nurses, doctors and specialists.

United Hospital St. Paul, MN

1990 to 1992

Nutrition Support Dietitian

- Responsible for the assessment and monitoring of parenteral and enteral nutrition support for critical care adults. (One of two Nutrition Support RDs in a 500-bed hospital) covering an average daily census of 20 patients.

Kaiser Permanente Hospital, Cleveland, Ohio

1989 to 1990

Manager, Nutrition Services

- Provided leadership to the nutrition and food service department while working efficiently with other health care teams, outpatient departments and administrators.
- Responsible for the operation of a 25-person food service department, inclusive of a full-time inpatient dietitian, a full-time outpatient dietitian and a part-time float dietitian, dietary manager, three food service supervisors, cooks and aides.
- Responsible for hiring, orientation, and performance evaluations for food service department.
- Accountable for operations of Nutrition Services department.
- Interacted with Union representative of Food Service employees for disciplinary actions.

Akron Children's Hospital, Akron, Ohio

1985 - 1989

Neonatal Nutritionist

- Responsible for a 100 bed NICU.
- Duties included assessing and monitoring the parenteral and enteral nutrition support of critically ill infants, by participation in daily rounds, charting and communication with the NICU care team.
- Developed standardized tool for long term nutrition monitoring of nutrition support.
- Provided Neonatal Nutrition education to medical residents in a monthly lecture.
- Participated in Neonatal Nutrition Practice groups and developing standards of practice for neonatal nutrition.

Research:

- FNCE Poster Presentation October 19, 2021, Tenison E. Implementation of a University Based Wellness Program in Response to Pandemic Related Loss of Community Nutrition Supervised Practice Rotations. Food and Nutrition Conference Expo Virtual National Conference
- FNCE Poster Presentation October 19, 2021, Tenison E, Testa N., Hernandez M., Pommier, Nam Phoung, Grega L., Zambriski D., Rush E., Capone, G., Carey K., Schmid R., and Mazza N. The Barriers and Enablers to Participation in Wellness Behaviors Post COVID-19. Food and Nutrition Conference Expo Virtual National Conference

- FNCE Poster Presentation October 19, 2021. Tenison E, Testa N., Hernandez M., Pommier, Nam Phoung, Grega L., Zambricski D., Rush E., Capone, G., Carey K., Schmid R., and Mazza N. The Effect of COVID-19 Related Stress on the Health and Wellness Behaviors among Faculty and Staff a Mid-Size University. Food and Nutrition Conference Expo Virtual National Conference
- FNCE Poster Presentation October 22nd, 2018, Washington DC. Co-Author: “Practices of RDNs as Experienced by Individuals with Polycystic Ovarian Syndrome.” Food and Nutrition Conference Expo Virtual National Conference
- ASPEN Poster Presentation February 18-21, 2017 Orlando Florida. “Spiking Parenteral Nutrition: An Interprofessional Learning Experience”
- ASPEN Poster Presentation January 18-21, 2014. Savannah, Georgia. “Perceptions and Attitudes of Dietetic Interns and Pharmacy Students Pre- and Post-Nutrition Support Lecture”
- ASPEN Poster Presentation January 21-24th, 2012. Orlando, Florida. “Standardized Equations vs. Indirect Calorimetry for predicting REE in the PICU”.
- CAND Poster Presentation April 2018, Hartford, CT “NFPE Practice among Connecticut Academy of Nutrition and Dietetics Members”
- CAND Poster Presentation April 2017, Branford, CT “Implementation a research learning module into a dietetic internship: a pilot study”
- CAND Poster Presentation April 2016, Middletown, CT. “Interprofessional education: Three years retrospective evaluation of Pharmacy and Dietetic Students combined class day.”
- CAND Poster Presentation April 2015, Cromwell CT “Association between Risky Behaviors and Eating Disorders in Adolescents: 2013 YRBSS Data”
- CAND Poster Presentation April 2014. Stamford, CT “The Impact of a Weight Bias Awareness Training Module on self-reported patient communication skills in Dietetic Interns and Undergraduate Nutrition Majors “
- CAND Poster Presentation April 2013. Plantsville, CT “Perceptions and Attitudes of Dietetic Interns and Pharmacy Students Pre- and Post-Nutrition Support Lecture”

Publications:

- DeGennero, L. Tenison, E., & Bahar, MF. Spiking Parenteral Nutrition: Assessment of a Simulated Nutrition Activity in an Interprofessional Learning Experience submitted Journal of Enteral and Parenteral Nutrition. December 2018
- Tenison, E & Touger-Decker, R. Impact of E-Learning or Blended Learning versus Face to Face Learning in regard to Physical Examination Skills, Knowledge and Attitude among Health Care Professional Students. Topics In Clinical Nutrition, 2018 Jul-Sep, Vol.33(3), pp.259-270
- Brown, M. & Tenison, E. "Creation of a Dual-Purpose Collegiate Athlete Nutrition Advising Program and Educational Curriculum," Journal of Nutrition Education and Behavior. 2018; 50(10): 1046-1052.

- Tenison, E & Touger-Decker R. Impact of weight bias awareness training on expression of bias in undergraduate nutrition majors and dietetic interns. NDEP Winter Newsletter 2016.
- Hurley, RS, Rossetti, BM., O’Dorisio, TM, Tenison, EB et al. The effect of exercise training on body weight and peptide hormone patterns in normal weight college age men. *Journal of Sports Medicine and Physical Fitness*. 1991; 31(1): 52-56.
- Hurley, RS, Bossetti, BM., O’Dorisio, TM, Welch, MA, Rice, RR, Tenison, EB et al. The response of serum growth hormone and prolactin to training in weight-maintaining health males. *Journal of Sports Medicine and Physical Fitness*. 1990; 30(1): 45-48.

Presentations:

- Invited Presentation “Nutrition Focused Physical Examination Workshop” Johnson Memorial Medical Center, Stafford Springs, CT. November 28th, 2017.
- Invited Presentation “Nutrition for Athletic Performance” Central Connecticut State University 33rd Sports Medicine Symposium in Athletic Training. New Britain, CT. March 6th, 2018.
- Invited Presentation “ Practical Application of the Nutrition Focused Physical Examination” Connecticut Academy of Nutrition and Dietetics State Meeting. Hartford, CT. April 20th, 2018.
- Invited Presentation “Intuitive Exercise Habits as part of an Intuitive Eating Lifestyle” Rowan University, Nutrition Club Annual Nutrition Workshop, September 29th, 2018.”
- Invited Presentation “Careers in Nutrition and Dietetics” Camden County College Nutrition Club, Blackwood, NJ. November 27th, 2018.
- Invited Presentation, “Intuitive Exercise Habits” Nutrition Care Club, Rowan University, March 6, 2019